## WHAT QUESTIONS DO YOU ASK YOUR CHILDREN WHEN THEY GO OUT?



These are the same questions you should ask your child when they go online.

The internet is just another place where children go.. look after them there in the same way you look after them elsewhere.

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Social media is free and easy to use. Lots of children and young people use social media. Here are the five most popular sites:



**Facebook** is one of the largest social network sites in the world. You sign up for it by creating a profile of your personal details and a picture. You can then post and receive pictures, videos and messages from other people you have agreed are "friends". You should be aged 13 or over to use this.



**Twitter** is a series of short announcements or 'tweets' of 140 characters or less, announcing what you are doing at that time, sharing opinions or replying to other tweets. You can follow another person using twitter by simply clicking 'follow', you do not have to ask their permission.



**Snapchat** is mainly a photo sharing application. You take photographs, videos, messages and drawings and send them to friends on your friend list. These 'snaps' are only on view for a short time, after which they are deleted, but people can take a screenshot and keep them.



**YouTube** is a video sharing website where members can upload, share and view homemade videos, or TV and music clips.



**Instagram** also lets you share photos and videos with followers, friends and family. The look of photos and videos can be changed by choosing a filter and these can then be uploaded to the Instagram community or shared on different kinds of social media.

If you see any of these icons on your child's phone or computer, talk to them about how they are using them. Lots of children and young people don't realise how much personal information they are giving away and they also don't realise that once information or pictures are shared, they can't be easily taken back.