

**SUICIDE PREVENTION TRAINING FOR 2017-Ayrshire Multi-Agency Training**

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| Training | Dates of Training | Venue |
| SafeTALK  9.30am -12.30pm | 10th March | Training Room 1, Training Centre - ACH |
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| STORM | 4th&5th April | Common Room 1&2  Breakout room 4  MacDonald Education Centre, Ayr Hospital |
| ASIST 11  9am – 5pm | 3rd & 4th May | Common Room 1, Break out Room 4, MacDonald Education Centre, Ayr Hospital |
| SafeTALK  9.30am –12.30pm | 19th May | Training Room 1, Training Centre - ACH |
| ASIST 11 | 14th & 15th June | Ayrshire College  Campus to be Confirmed |
| SafeTALK  9.30am –12.30pm | 21st September | Training Room 1, Training Centre - ACH |
| STORM | 10th & 11th October | Common Room 1, and Rooms 3 & 7, MacDonald Education Centre, Ayr Hospital |
| ASIST 11 | 30th & 31st October | Common Room 1+2 Break Out Room 4, MacDonald Education Centre, Ayr Hospital |
| SafeTALK  9.30am -12.30pm | 10th November | Training Room 1, Training Centre, ACH |

**COURSE INFORMATION – SUICIDE PREVENTION**

**safeTALK** - **Suicide Awareness for Everyone**

The course is designed to help participants:

* Recognise that a person might be having thoughts of suicide.
* Engage that person in direct and open talk about suicide.
* Move quickly to connect them with someone trained in suicide intervention.

The course lasts approximately 3 – 31/2 hours and is a mixture of lecture, video and power point presentation with opportunities to discuss issues and practice engaging and connecting skills.

**A.S.I.S.T** - **Applied Suicide Intervention Skills Training (2 days)**

The aim of the course is:

* To preserve life where a person may be a danger to themselves.
* Listen and talk to a person with suicidal intention without judgement.
* Provide comfort to a person with suicidal intention.

It is an intensive 2-day interactive and practice dominated course.

It is generally run over 2 full days.

**S.T.O.R.M** - **Skills Based Training on Risk Management (2days)**

This course is designed in 4 modules:

* Assessment
* Crisis Management
* Problem Solving
* Crisis Prevention

The aim of the course is:

* To help trainers gain and maintain the skills to assess a person at risk.
* To help trainees manage the crisis effectively.

**For information and booking, contact NHS Team at 01292 513009.**